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Headwaters Park trail round-trip from Willie's Way

Time & Elevation: One hour, 200 ft.

Difficulty: Easy, just one uphill at the start

Access: By bus from Snug Cove to corner of Adams/Cowan Rd, to walk the trail southwards; by car, park at Quarry Park car park on Cowan Point Drive to walk northwards

Main Attraction: Well marked and maintained route, boardwalks in the park



Route: Walk up the hill and turn right on Willie's Way; access to the trail from the bus stop is on the left at the end of the road. Continue uphill for a short while on a good trail, after which the walk becomes mostly flat along a lightly wooded path. Cross a road and into Headwaters Park. Turn right to cross a swampy area on a boardwalk, then turn left to the Headwaters sign. There is a steep side path to a pretty view site that gets you back on the trail. Having arrived at the Headwaters Park entrance, you have the option of crossing Cowan Point Drive to Quarry Park (see Walk #8) or returning to Willie's Way by following the path around the corner and then joining with the trail you have walked a little way along. Near Willie's Way there is a short detour to the old bridge that takes you to Cowan Road and back down the hill, if you prefer.

Horse riders often use this trail. Good for a sunny day as it is sheltered from the sun.

